

SA Level 1

SSA Level 1 is a mass participation event run by each affiliate to encourage athletes in their first 2 years of competition to participate. Certificates are awarded, not medals. Figures are set by the AS Technical Committee.

Guidelines

Events are Figures, Duet, Trio.

Aimed at swimmers in their first 2 years of competition who have not placed in the top 3 at any SSA Artistic Swimming sanctioned event.

No medals will be awarded.

Novice age groups are 10&u, 12&u and 13-15, and Open.

Competitors may enter both duet & trio events but must swim different routines to different music.

No figure score will count in computing the result for Trio events.

FIGURES

SA LEVEL 1 FIGURES (same for all ages)

1. 101	Ballet leg	1.6
2. 323	Front pike somersault	1.4
3. 302	Blossom	1.4
4. 303	Back pike somersault	1.5

Affiliates are encouraged to work within the above guidelines in order to allow as many beginner artistic swimmers to compete as possible.

